**WELCOME TO THE SPIRITIST EDUCATION FOR BABIES PROGRAM AT SSVA!**

June 28, 2015

**Lesson 5 – Our Guardian Angel**

(Length of the lesson may vary between 15 to 30 minutes)

1. Sited on the floor in a circle, greet every parent and baby. If participants do not know each other, ask them to introduce themselves and their babies. This time we have used a colorful parachute (you can buy at Amazon). Everyone sited around it.
2. Begin with a short prayer.
3. Greet everyone asking parents to say something about their babies and their names, in case there are newcomers. Explain briefly the meaning of Spiritist education for babies, if there are new parents and babies.
4. **Activity 1 –** **Welcome to a new reincarnation!**

Using the parachute, ask parents to sit around it with their babies. Start signing and saying the babies names.

It is about the importance of welcoming babies to this new reincarnation. Sing the song below at least three times. Educators may also sing it while substituting “dear soul” by the name of each baby. We recommend parents to sing it at home as often as possible.

*(Rhythm from “Twinkle, Twinkle, Little Star)*

*Welcome, welcome, dear soul (or name of the baby)*

*Now you’re here,*

*Let us grow*

*Let us love*

*Let us serve*

*Let us help everyone*

*Welcome, welcome, dear soul*

*And I am here to love you so!*

(Lyrics by Spirit Angelica; mediumistically received by Vanessa Anseloni)

1. **Activity 2 – Story about Love**

* Explain that our guardian angels are God’s representative to help us grown in love for God, for ourselves and others.
* Tell the story of the mirror of feelings (Espelho do Sentimento) by Adeilson Salles. The book is in Portuguese, published by the Brazilian Spiritist Federation. But the story is told in English.
* The story shows how we love by also staying in the present.

1. **Activity 3 – Our Guardian Angel**

* Give each baby and parent a little musical instrument such as a tambourine or a rattle to play along with the music.
* Sign together the song “Guardian Angel”.

*Guardian angel, guardian angel*

*Here I am*

*Here I am*

*Calling for your help*

*Calling for your love*

*I am ready!*

*I am ready!*

1. Final Prayer

**MONTHLY HOMEWORK:**

**SING THE SONG ABOUT GUARDIAN ANGEL;**

**TELL ABOUT THE PRESENT OF THE GUARDIAN ANGEL AS MUCH AS POSSIBLE.**