**WELCOME TO THE SPIRITIST EDUCATION FOR BABIES PROGRAM AT SSVA!**

May 17, 2015

**Lesson 4 – Jesus is Our Best Friend**

(Length of the lesson may vary between 15 to 30 minutes)

1. Sited on the floor in a circle, greet every parent and baby. If participants do not know each other, ask them to introduce themselves and their babies. This time we have used a colorful parachute (you can buy at Amazon). Everyone sited around it.
2. Begin with a short prayer.
3. Greet everyone asking parents to say something about their babies and their names, in case there are newcomers. Explain briefly the meaning of Spiritist education for babies, if there are new parents and babies.
4. **Activity 1 –** **Welcome to a new reincarnation!**

You may use little smiley balls (bought at Party City) and give one to each parent and baby. Use them to say hi and smile to one another boosting the interaction and warm up of the group.

It is about the importance of welcoming babies to this new reincarnation. Sing the song below at least three times. Educators may also sing it while substituting “dear soul” by the name of each baby. We recommend parents to sing it at home as often as possible.

*(Rhythm from “Twinkle, Twinkle, Little Star)*

*Welcome, welcome, dear soul (or name of the baby)*

*Now you’re here,*

*Let us grow*

*Let us love*

*Let us serve*

*Let us help everyone*

*Welcome, welcome, dear soul*

*And I am here to love you so!*

(Lyrics by Spirit Angelica; mediumistically received by Vanessa Anseloni)

1. **Activity 2 – Jesus is Our Best Friend**

* Explain that, since Jesus is our guide and model on the Earth, it is vital to teach our children, since babyhood about our connection with Jesus.
* Tell the story of the Cure of the Blind man from Jericho by Adeilson Salles. The book is in Portuguese, published by the Brazilian Spiritist Federation. But the story is told in English.
* The story shows how Jesus is loving and caring unconditionally. It also shows how achieve life changes with prayer and the importance of our connection with Jesus.

1. **Activity 3 – Rejoice in Jesus**

* Give each baby and parent a little musical instrument such as a tambourine or a rattle to play along with the music.
* Sign together the song “Jesus is passing by”

*Jesus is passing by…*

*Jesus is passing by…*

*And when he comes everything is fine*

*Sadness is gone*

*Happiness arrives*

*And when he comes everything is fine*

*Sadness is gone*

*Happiness arrives*

*(repeats three times the whole music)*

***Observations:***

1. ***It is very important to teach emotional management to babies. By acknowledging their emotions and naming them for the babies, they will more easily accept their emotional changes through life and manage them more easily. Use emotion cards by Onionhead company (see website) for games.***
2. ***There are many Spiritist songs in the internet. Google them and teach your babies. There are also spiritual and Chiristian ones as well like the Portuguese one named Turma do Cristaozinho.***
3. Final Prayer

**MONTHLY HOMEWORK:**

**SING THE SONG ABOUT JESUS;**

**PRAY WITH YOUR BABY BEFORE EVERY MEAL**