

# WELCOME TO THE SPIRITIST EDUCATION FOR BABIES PROGRAM AT SSVA!

March 1, 2015

## Lesson 2 – Relationships are vital

(Length of the lesson may vary between 15 to 30 minutes)

1. Sited on the floor in a circle, greet every parent and baby. If participants do not know each other, ask them to introduce themselves and their babies.
2. Begin with a short prayer.
3. Explain briefly the meaning of Spiritist education for babies, if there are new parents and babies.
4. **Activity 1 – Welcome to a new reincarnation!**

It is about the importance of welcoming babies to this new reincarnation. Sing the song below at least three times. Educators may also sing it while substituting “dear soul” by the name of each baby.

*(Rhythm from “Twinkle, Twinkle, Little Star)*

*Welcome, welcome, dear soul (or name of the baby)*

*Now you’re here,*

*Let us grow*

*Let us love*

*Let us serve*

*Let us help everyone*

*Welcome, welcome, dear soul*

*And I am here to love you so!*

(Lyrics by Spirit Angelica; mediumistically received by Vanessa Anseloni)

### **5. Activity 2 – Relationships is the center of our reincarnation!**

- Explain that relationships are the most important part of a reincarnation. It is vital to teach babies and children about being kind and compassionate.
- Tell the story of the Kissing Hummingbird by Adeilson Salles. The book is in Portuguese, published by the Brazilian Spiritist Federation. But the story is told in English.
- The story shows the expression of feelings of kindness and friendship. Fraternity and solidarity are also themes of the story.
- Sing the theme song:
  - I am a kissing hummingbird;*
  - I live my life to kiss;*
  - I kiss the flowers with love;*
  - We shall not withhold a kiss.*

## 6. Activity 3 – Expressing our love for one another

- Standing up in circle.
- Give each parent and baby a heart-shaped paper.
- Parents tell their babies’ heart that they love them.
- Then, in pairs, parents and babies express to another pair of parent and baby their love. “I am a child of God. I love God, thus I love you too, \_\_\_\_\_ (name of the baby).”
- Then the whole group, using their paper-shaped hearts, express their love for each baby in the group by saying, “. “I am a child of God. I love God, thus I love you too, \_\_\_\_\_ (name of the baby).”
- Finalize by signing the song “The More We get Together” ([https://www.youtube.com/watch?v=jom\\_Au2Cs7Q](https://www.youtube.com/watch?v=jom_Au2Cs7Q))

*The more we get together, together, together,*

*The more we get together, the happier we’ll be!*

*‘Cause my friends are your friends,*

*And my friends are your friends.*

*The more we get together, the happier we’ll be!*

## 7. Final Prayer

### **MONTHLY HOMEWORK:**

**EXPRESS YOUR LOVE FOR YOUR BABY AS MUCH AS POSSIBLE, AND TEACH HIM/HER TO EXPRESS LOVE FOR OTHERS TOO!**